

## Uitslagen Zwembad Zweeloo Cross Triathlon 2019 - 13 juli 2019

Kids Triathlon - 75 meter zwemmen, 3 kilometer fietsen, 950 meter lopen

Kinderen t/m 9 jaar						
Nr.	Naam	Startnummer	Eindtijd	Zwemmen	Fietsen (mtb)	Lopen (cross)
1.	Lars Adema	33	00:13:51	00:02:12	00:08:28	00:03:11
2.	Sil Wegdam	34	00:16:44	00:02:05	00:10:55	00:03:44
3.	Roar Scholing	28	00:17:17	00:02:02	00:11:58	00:03:17
4.	Fleur Kregel	30	00:17:32	00:02:10	00:11:10	00:04:12
5.	Qike Nijenbanning	32	00:17:51	00:02:12	00:12:12	00:03:27
6.	Gert Kregel	29	00:19:05	00:02:35	00:12:54	00:03:36
7.	Jan Egbert Heidemans	26	00:19:09	00:03:20	00:12:00	00:03:49
8.	Noa Ellen	23	00:19:35	00:02:26	00:13:29	00:03:40
9.	Lysanne Holman	36	00:19:36	00:02:04	00:13:41	00:03:51
10.	Tycho Holman	37	00:20:09	00:01:55	00:15:05	00:03:09
11.	Thomas Meems	21	00:20:53	00:02:12	00:13:57	00:04:44
12.	Tim Meems	22	00:21:56	00:03:20	00:13:52	00:04:44
13.	Wessel Lahuis	20	00:24:42	00:03:40	00:15:20	00:05:42
14.	Kick Hooge	24	00:25:17	00:03:38	00:16:22	00:05:17
15.	Lev Hooge	35	00:25:19	00:03:45	00:16:15	00:05:19

Kinderen 10 t/m 12 jaar						
Nr.	Naam	Startnummer	Eindtijd	Zwemmen	Fietsen (mtb)	Lopen (cross)
1.	Isa Mulder	27	00:20:52	00:01:44	00:10:47	00:08:21
2.	Loes Prins	19	00:20:53	00:01:51	00:10:39	00:08:23
x.	Mees en Luka van Dijk	25	00:15:54	00:01:38	00:09:18	00:04:58

## Uitslagen Zwembad Zweeloo Cross Triathlon 2019 - 13 juli 2019

1/16de Triathlon - 250 meter zwemmen, 10 kilometer fietsen (mtb), 2,5 kilometer lopen (cross)

### Mannen

Nr.	Naam	Startnummer	Eindtijd	Zwemmen	Fietsen (mtb)	Lopen (cross)
1.	Harold Brouwer	95	00:48:39	00:05:31	00:28:29	00:14:39
2.	Koen Willems	91	00:54:53	00:05:20	00:33:00	00:16:33
3.	Robbert van Don	86	01:15:15	00:05:50	00:45:00	00:24:25
4.	Michel Moorman	82	niet gestart			

### Vrouwen

Nr.	Naam	Startnummer	Eindtijd	Zwemmen	Fietsen (mtb)	Lopen (cross)
1.	Lotte Prins	83	01:00:12	00:05:32	00:34:13	00:20:27
2.	Jacoline Jonkers	88	01:00:13	00:06:20	00:35:10	00:18:43
3.	Loes Mulder	92	01:04:29	00:03:10	00:45:14	00:16:05
4.	Astrid Jalving	93	01:05:52	00:05:30	00:42:58	00:17:24
5.	Esther Manting	96	01:05:52	00:05:34	00:42:54	00:17:24
6.	Natasja Schrik	90	01:09:43	00:06:30	00:22:56	00:40:17
7.	Sandra de Jonge	89	01:10:52	00:06:37	00:43:51	00:20:24
8.	Ruby + Petrus	94	01:10:58	00:05:57	00:47:53	00:17:08
9.	Carolien de Boer	87	01:12:00	00:06:20	00:44:19	00:21:21
10.	Carlijn Enting	84	01:15:14	00:06:02	00:49:10	00:20:02
11.	Elly Enting-Ziel	85	01:15:14	00:06:09	00:49:02	00:20:03

## Uitslagen Zwembad Zweeloo Cross Triathlon 2019 - 13 juli 2019

1/8ste Triathlon - 500 meter zwemmen, 20 kilometer fietsen (mtb), 5 kilometer lopen (cross)

Mannen						
Nr.	Naam	Startnummer	Eindtijd	Zwemmen	Fietsen (mtb)	Lopen (cross)
1.	Zeger Zeilemaker	145	01:25:03	00:08:35	00:53:15	00:23:13
2.	Jeroen Zijlstra	135	01:28:29	00:09:05	00:54:27	00:24:57
3.	Fokke Kootstra	143	01:29:01	00:09:30	00:55:14	00:24:17
4.	Ronald Prins	119	01:35:26	00:09:51	01:01:04	00:24:31
5.	Edwin Knol	133	01:37:41	00:10:35	01:01:25	00:25:41
6.	Bjorn van Dijk	138	01:39:58	00:11:16	00:58:19	00:30:23
7.	Rick v/d Horst	120	01:42:09	00:11:07	01:00:58	00:30:04
8.	Bart Koekoek	144	01:43:21	00:11:24	00:57:31	00:34:26
9.	Oscar Rensing	126	01:45:27	00:13:12	01:02:32	00:29:43
10.	Emiel Mensinga	136	01:45:47	00:13:19	00:59:45	00:32:43
11.	René Lanting	147	01:46:53	00:12:17	01:04:37	00:29:59
12.	Alfred Vrieling	102	01:48:26	00:08:50	01:09:02	00:30:34
13.	Martin Bullinga	132	01:48:40	00:14:06	01:03:04	00:31:30
14.	Jan Willem Wormmeester	146	01:55:26	00:13:30	01:11:34	00:30:22
15.	Klaas Schepers	139	02:00:44	00:12:14	01:08:13	00:40:17
16.	Sam van Berkel	131	02:02:35	00:13:15	01:13:33	00:35:47
17.	Thijs van Berkel	130	02:06:54	00:12:15	01:20:10	00:34:29
18.	Twan van Berkel	129	02:08:05	00:10:55	01:12:55	00:44:15
19.	Harm Wiekens	116	02:20:30	00:13:17	01:28:16	00:38:57
20.	Lennard Pastoor	124	02:28:55	00:14:18	01:32:12	00:42:25
21.	Thymen Uttley	123	02:29:00	00:14:18	01:32:11	00:42:31
22.	Thomas Uttley	122	02:38:06	00:14:18	01:43:29	00:40:19

Vrouwen						
Nr.	Naam	Startnummer	Eindtijd	Zwemmen	Fietsen (mtb)	Lopen (cross)
1.	Malou Hiemstra	141	01:32:55	00:10:51	00:54:41	00:27:23
2.	Betty Rijnberg	140	01:35:10	00:07:21	01:00:37	00:27:12
3.	Lianne Reinhoudt	134	01:48:56	00:11:41	01:07:35	00:29:40
4.	Krista Braker	142	01:49:45	00:07:06	01:11:12	00:31:27
5.	Fardau Koopman	127	01:54:39	00:10:19	01:09:56	00:34:24
6.	Miranda van Dijk	137	01:58:08	00:11:18	01:09:09	00:37:41
7.	Leni Hofstede	125	01:58:37	00:13:15	01:16:06	00:29:16
8.	Ilona Funke	118	02:13:34	00:12:00	01:24:38	00:36:56
9.	Esther Wiekens	117	02:20:29	00:13:17	01:28:18	00:38:54
10.	Veronique Jongerius	148	02:38:06	00:14:16	01:43:34	00:40:16

x.	Annet Bolk	121	01:37:42	00:10:20	01:03:00	00:24:22
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## Uitslagen Zwembad Zweeloo Cross Triathlon 2019 - 13 juli 2019

1/8ste Triathlon Estafette - 500 meter zwemmen, 20 kilometer fietsen (mtb), 5 kilometer lopen (cross)

Teams						
Nr.	Team	Startnummer	Eindtijd	Zwemmen	Fietsen (mtb)	Lopen (cross)
1.	Achtkamp Aalden	175	01:15:38	00:07:43	00:47:05	00:20:50
2.	Achtkamp Sleen	181	01:22:02	00:10:55	00:52:27	00:18:40
3.	Pijper / van Rutten / Pruisscher	190	01:23:23	00:09:50	00:49:35	00:23:58
4.	Achtkamp Odoorn	180	01:25:24	00:08:28	00:51:00	00:25:56
5.	Achtkamp Dalen	182	01:25:57	00:09:55	00:49:53	00:26:09
6.	Reuvers / Reuvers / Reuvers	186	01:28:30	00:10:17	00:53:06	00:25:07
7.	Zwiers / Zwiers / Zwiers	189	01:31:47	00:12:21	00:55:33	00:23:53
8.	Achtkamp Schoonebeek	176	01:31:51	00:08:54	00:52:44	00:30:13
9.	Achtkamp Emmen	178	01:34:20	00:07:59	00:57:54	00:28:27
10.	Achtkamp Oosterhesselen	179	01:35:10	00:12:10	00:59:40	00:23:20
11.	Schreuder / Kiers / Kiers	196	01:42:43	00:11:46	01:03:38	00:27:19
12.	Dokter / Hordijk / Buining	193	01:44:19	00:11:58	01:00:18	00:32:03
13.	Smit / Bos / Troostheide	183	01:47:15	00:13:06	01:03:06	00:31:03
14.	Hester / Lieke / Klaaske	184	01:48:12	00:12:32	01:00:10	00:35:30
15.	Hollander / Nijenbanning / Kuipers	187	01:48:49	00:13:35	01:10:43	00:24:31
16.	Schepers / Nijman / Scheper	195	01:49:56	00:11:40	01:05:53	00:32:23
17.	van Raamsdonk / Bobbe / Schreuder	191	01:50:59	00:12:05	01:10:57	00:27:57
18.	Reuvers / Schreuder / Bijlsma	188	01:55:09	00:11:40	01:03:39	00:39:50
19.	Hartlief / de Bruin / de Bruin	185	01:58:25	00:13:55	00:59:12	00:45:18
20.	Hooge / Hooge / Hooge	192	01:58:47	00:14:25	01:07:50	00:36:32
21.	Tamminga / Markestein / Meijer	194	02:00:41	00:12:15	01:16:22	00:32:04
22.	Achtkamp Coevorden	177	niet gestart			